

QUALITY, CONVENIENT CARE



And make it quick.

Convenience Care Clinic

Sinus infection. Rash. Earache. Minor burn. These are all reasons you'd want to see your doctor. But what if your doctor isn't available to see you? When you need face-to-face routine medical care, but can't wait for an appointment, consider using a convenience care clinic (not to be confused with Urgent Care Centers). You can get quick, convenient access to quality medical care at a lower cost than urgent care. A convenience care nurse practitioner or a physician's assistant can treat you for a range of minor illnesses and provide routine vaccinations. You can find convenience care clinics in grocery stores, pharmacies and other retail stores.

A convenient care clinic can be used for:

Conditions

- Acne
- Allergies
- Athlete's foot
- Bladder infection (UTI)
- Bronchitis
- Chickenpox
- Chlamydia
- Cold sores
- Deer tick bite
- Ear infection
- Flu symptoms
- Impetigo
- Laryngitis
- Minor burns, rashes or skin infections
- Minor sunburn
- Mononucleosis (mono)
- Pink eye and styes
- Poison ivy
- Pregnancy test
- Ringworm
- Sinus infection
- Strep throat
- Swimmer's ear
- Swimmer's itch
- Wart removal

Injections and immunizations

- DTap (Diphtheria, Tetanus, Pertussis)
- Hepatitis A and B
- Influenza (flu shot)
- Meningitis
- MMR (Measles, Mumps, Rubella)
- Pneumonia
- Polio
- Td (Tetanus, Diphtheria)



To find a convenience care clinic near you, go to myCigna.com or call your TPA at the number on your ID card.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company.

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Conveniently located near you

MinuteClinic

Look for a MinuteClinic in CVS/pharmacy®, Cub Foods® and QC in these states:

- | | |
|------------------------|------------------|
| - Arizona | - Missouri |
| - California | - Nebraska |
| - Connecticut | - Nevada |
| - District of Columbia | - New Hampshire |
| - Florida | - New Jersey |
| - Georgia | - New Mexico |
| - Hawaii | - New York |
| - Illinois | - North Carolina |
| - Indiana | - Ohio |
| - Kansas | - Oklahoma |
| - Kentucky | - Pennsylvania |
| - Louisiana | - Rhode Island |
| - Maine | - South Carolina |
| - Maryland | - Tennessee |
| - Massachusetts | - Texas |
| - Michigan | - Virginia |
| - Minnesota | - Wisconsin |

The Little Clinic

Found in Kroger™ and Publix™ stores in these states:

- | | |
|------------|---------------|
| - Arizona | - Mississippi |
| - Colorado | - Ohio |
| - Georgia | - Tennessee |
| - Indiana | - Texas |
| - Kentucky | - Virginia |

RediClinic, Texas

If you live in Texas, find a RediClinic in H-E-B® stores in the following cities:

- | | |
|---------------|-----------------|
| - Austin | - Missouri City |
| - Conroe | - Pasadena |
| - Cypress | - Pearland |
| - Friendswood | - Pflugerville |
| - Houston | - Round Rock |
| - Humble | - San Antonio |
| - Katy | - Spring Branch |
| - Kyle | - Sugar Land |
| - League City | - Tomball |
| - Leander | - The Woodlands |

Healthcare Clinic

These walk-in health care clinics are available in Walgreens® drugstores in these states:

- | | |
|---------------|----------------|
| - Arizona | - Missouri |
| - Colorado | - Nevada |
| - Delaware | - New Jersey |
| - Florida | - Ohio |
| - Indiana | - Pennsylvania |
| - Kansas | - Tennessee |
| - Kentucky | - Texas |
| - Mississippi | |

Target Clinics

These clinics are in Target stores in the following states:

- | | |
|-------------|------------------|
| - Florida | - North Carolina |
| - Illinois | - Texas |
| - Maryland | - Virginia |
| - Minnesota | |



The listing of a health care professional or facility in the network directory does not guarantee that the services rendered by that professional or facility are covered under specific medical plan. Check your official plan documents for complete details about costs and the services covered under your plan benefits. The information provided here is for informational purposes only and is not intended to be a substitute for professional medical advice relative to a specific medical question or condition. During a medical emergency, you should always visit the nearest hospital or call 911 for assistance.

Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the treatment provided to their patients. They are not agents of Cigna.

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