# FIND A HEALTH CARE PROVIDER

### Better value. Better together.

With a growing nationwide PPO network\* of more than 940,000 health care professionals and more than 6,300 facilities, Cigna offers you a range of quality choices to help you stay healthy.

#### Two ways to find what you need

#### There are two ways to find a network provider:

- Visit Cigna.com and click "Find a Doctor, Dentist, or Facility." Be sure to select the "PPO, Choice Fund PPO" network.
- Call your Third Party Administrator during business hours.
- Please Note: PPO, Choice Fund PPO Network applies to all PPO, EPO, HDHP, & HSA plans

#### Features on Cigna.com allow you to:

- Narrow your results by distance, specialty and more.
- Email a copy of your search results.
- Find doctors in 22 different medical specialties, who meet certain quality and cost-efficiency measures and have been awarded the Cigna Care Designation.
- Estimate procedure costs based on Cigna's historical data.

Cigna's extensive PPO Network gives you access to qualified health care professionals. Your good health is important, and we're here to help.

If you're looking for a mental health or substance abuse professional, visit **CignaBehavioral.com**. On the landing page, select "Provider Directory" and then scroll down on the "Find a Therapist/Psychiatrist" page to fill in your search criteria.

#### Find A Doctor

- 1. Visit Cigna.com click on "Find a Doctor"
- 2. On the next page, click on "Plans through your employer or school"
- 3. Enter Zip Code or Select Search Type
- 4. Continue As Guest, Click "Continue"
- 5. Click "PPO, Choice Fund PPO" in the pop-up box.
- Please Note: PPO, Choice Fund PPO Network applies to all PPO, EPO, HDHP, & HSA plans





## Together, all the way.



\* "Cigna PPO Network" refers to the health care providers (doctors, hospitals, specialists) contracted as part of the Cigna PPO Network for Shared Administration.

Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care professional or facility. Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna.

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